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SOUL of **SHOPPING**



Holistic Health

TRAINING WITH A PURPOSE

Norman MacCallum, Administrator and licensed teacher with the London Centre of Indian Champissage International explains their training course.

He says; "Our trainings are lead by the western world's pioneer in this field - Narendra Mehta, who has a reputation as a leading figure in the field of therapeutic head massage. He and his wife, Kundan, conduct their training with a demanding yet relaxed attitude. The Mehta's training of beginners has a simple philosophy: the hands-on training is serious and the accompanying laughter makes it all fun."

Norman continues "For three consecutive, intensive days, you learn all you need to deliver a wonderfully relaxing yet invigorating head massage. There's time for meditation, opportunities to reflect on the role of stress and the introduction to anatomy and physiology points you in the right direction for your post-training study. Afterwards, the real work - and your personal growth - begins! The LCICI sets high yet realistic standards. Students complete case studies, written assignments and A&P coursework before sitting the Diploma exam. Start to finish is on average four to six months."

For more information, give Norman at the LCICI a call on 0207 609 3590 or visit www.indianchampissage.com

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